

# CYCLE AND SOAK

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The best way to water your lawn is to use the “cycle and soak” method. This method breaks up your watering time into smaller cycles, allowing the water to soak into the soil.

If an area is watered too fast for too long, many soils can’t absorb it, resulting in runoff.

## HOW TO CYCLE AND SOAK

- Divide the zone’s watering time into two or three cycles.
- Water the first cycle and wait one hour.
- Water the second cycle and wait one hour before running a third cycle if necessary.
- For more information on how long a zone should run, check out the sample schedule on the back.
- Don’t water for short periods in both the morning and the evening. The water doesn’t soak deeply into the soil, leading to shallow roots and unhealthy grass.

## BENEFITS

- The cycle and soak watering method not only saves water, but also improves your lawn’s health.
- Moisture deep in the soil promotes deeper roots, which contributes to a thicker, healthier, greener lawn.

Learn how easy it is to use the cycle and soak method by watching a short how-to-video at [youtube.com/springsutilities](https://www.youtube.com/springsutilities).

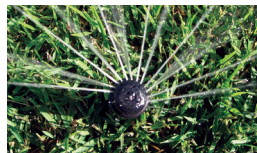


# WATERING SCHEDULE

**Fixed spray heads**



**Rotary nozzles**



**Rotor heads**



**Manual sprinklers**



**January through March**

Water 1 to 2 times per month with hose-end sprinkler when persistent dry weather dictates. Make sure temperature is above 40F when watering.

<b>April</b>	3 cycles x 7 min. (1 day per week)	2 cycles x 30 min. (1 day per week)	2 cycles x 23 min. (1 day per week)	20-30 min. (1 day per week)
<b>May</b>	3 cycles x 7 min. (2 days per week)	2 cycles x 30 min. (2 days per week)	2 cycles x 23 min. (2 days per week)	20-30 min. (2 days per week)
<b>June - August</b>	3 cycles x 7 min. (3 days per week)	2 cycles x 30 min. (3 days per week)	2 cycles x 23 min. (3 days per week)	20-30 min. (3 days per week)
<b>September</b>	3 cycles x 7 min. (2 days per week)	2 cycles x 30 min. (2 days per week)	2 cycles x 23 min. (2 days per week)	20-30 min. (2 days per week)
<b>October</b>	3 cycles x 7 min. (1 day per week)	2 cycles x 30 min. (1 day per week)	2 cycles x 23 min. (1 day per week)	20-30 min. (1 day per week)

**November through December**

Water 1 to 2 times per month with hose-end sprinkler when persistent dry weather dictates. Make sure temperature is above 40F when watering.

## STEP 1

Check the type of sprinkler and program your irrigation controller for the recommended number of cycles, minutes and watering days each week.

## STEP 2

Adjust for site-specific needs or to compensate for weather changes.

Visit [csu.org](http://csu.org) for more water-wise information, including irrigation rebates and instructional videos.

## FIVE TIPS FOR WISE LANDSCAPE WATER USE

- Check your sprinkler system monthly for leaks, misalignment and breaks. Make necessary repairs.
- Add a rain sensor to prevent your sprinklers from running during rain.
- Replace fixed spray nozzles with multi-stream nozzles for better coverage and less runoff.
- Swap old sprinkler heads with pressure-regulating heads to minimize misting.
- Eliminate low-head drainage with sprinkler bodies with check valves.